

Mackay Child, Youth and Family Health Service

PARENT FOCUS GROUPS



Learn more about your baby or toddler's development including feeding, sleeping and behaviour

The new Parent Focus Groups are facilitated by a Child Health Nurse providing information on topical child health and parenting issues.

Parents are encouraged to attend any or all 2 hour group sessions that are suitable for your family.

Places are limited, book your spot with the Mackay Child, Youth and Family Service on 4885 7750.

If you would like to suggest other areas of focus, please contact the Service or complete a survey via the QR code.



**Parent Focus Groups are held at
40 Carlyle Street, Mackay
9.30am - 11.30am**

7 February
Solids and oral healthcare

14 February
Sleep

21 February
Infant behaviour and development

4 April
Premature births

11 April
Toddler development and behaviour

18 April
Young mothers/families

For further information on services:

Phone: 07 4885 7750

Drop in: 40 Carlyle Street, Mackay



**Queensland
Government**