

# Living Our Values



## Collaboration



#### Trust



## Respect



### Teamwork

Through partnerships and cooperation we drive innovation

Having confidence and belief in each other to be able to rely on and depend on our actions We show our respect and compassion for the people we care for and work with

We depend on and support one another individually and as a team

- Build strong relationships
- Be open to new ways of doing things
- Be non-confrontational try to understand other's perspectives
- Involve others when making decisions

- Own your actions and behaviours
- Look for solutions not blame
- Keep your word and do what you say
- Make your decisions based on fact not assumptions don't gossip

- Appreciate the value of difference – don't be judgemental
- Be welcoming and listen to each other
- Be aware of your tone of voice and body language
- Value the opinion of others

- Act as one health service
  - Be aware of your personal triggers manage your emotions
- Give and receive feedback constructively but don't make it personal
- Be flexible, compassionate and offer to help

